



Simplify
Leader Guide - April 26, 2020

PRIMARY PASSAGE

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, ² fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.³ Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart. (Hebrews 12:1-3 NIV)

ICE BREAKER

How many more walkers/bike riders have you seen in your neighborhood? What's the craziest thing you've seen on a walk?

DISCUSSION QUESTIONS

1) How has the stay at home order not just changed the pace of your life but also the structure?

- Leaders start by sharing your experience but give time for your group as well

2) How have you allowed yourself to be entangled by sin? How can your group pray for you and help you guard against this?

- As Kevin said - the sin that trips you up will take you down
- Group leaders, be honest with your struggles here. How can you model overcoming sin (setting up accountability) for your group?

3) How have you allowed “good things” to way you down and keep you from running the race God has for you? How can you begin to be aware of this happening?

- Just because something isn't sin, doesn't mean it's automatically beneficial. With any decision we make, we need ask the question -> “Does this help me run?”
- Like Kevin said -> what weighs us down will eventually wear us out

4) Kevin gave us four “simply's” in his message from Sunday. What were they and what do they look like for us to live them out?

- Simply encourage
 - We've much quicker to criticize than encourage. If you see something, say something!
- Simply Serve
 - Ask the questions -> what needs to be done? How can I serve?
- Simply Share
 - We have been blessed in order to bless others. We cannot assume it's ours to consume.
- Simply Love
 - In every situation ask the question -> “What does love require of me?”

PERSONAL REFLECTION

1) What's the first area in my life that I need to simplify this week? How can I leverage this "stay at home order" to help me make these lasting changes?

- Group leaders do an honest assessment of your life. Where/how can you model this for your group?
- There are many resources to help with this by some great ones are "Work and Play with Nancy Ray" (Podcast); "Carey Nieuwhof Leadership" (Podcast); "Confessions of a Crappy Christian" (Podcast)

2) How can you set up regular rhythms to ensure that once you simplify, you don't fall back into the "rat race" trap?

- Accountability, regular self-examinations, consistent rhythms of rest, etc.